



**All Wales Clinical  
Pathway for  
Normal Labour**

Addressograph:

Place of assessment (home or name of hospital/birth centre.....)

## Part Two - Initial Assessment

Initials	Name (print)	Designation	Care commenced (Time)	Care Ceased (Time)

Code	ANTENATAL - MATERIAL FACTORS	Date/time 1st assessment		Date/time 2nd assessment	
		Yes	No	Yes	No
A1	Gestation 37+0 - 41+6				
A2	Nulliparous or low risk obstetric history				
A3	Absence of maternal disease that affects childbearing				
A4	Absence of pre-eclampsia/pregnancy induced hypertension				
A5	Spontaneous onset of labour				
A6	BMI of between 18 and 35				
A7	Last known haemoglobin 110.0g/dl				
	<b>ANTENATAL - FETAL FACTORS</b>				
A8	Singleton pregnancy				
A9	Cephalic presentation				
A10	Clinically well grown baby				
A11	Placenta outside of lower segment (if known)				
A12	Membranes intact or ruptured < 24 hours				
A13	Reassuring vaginal loss (absence of bleeding or meconium)				
A14	Normal fetal movements				



Addressograph:

**NORMAL LABOUR PATHWAY ADMISSION ASSESSMENT**

Code	Action	Date/time 1st recording	Normal?		Date/time 2nd recording	Normal?		Normal Limits
			Yes	No		Yes	No	
	<b>Abdominal palpation:</b>							
D1	Normal growth for gestation							
D2	Lie							Longitudinal
D3	Presentation							Cephalic
D4	Engagement ( /5ths)							>5/5th palpable
D5	Blood pressure							<90mmHg diastolic <160 systolic
D6	Pulse							<100 beats/minute
D7	Tempreture							<37.5°C
D8	Urinalysis							Blood can be present negative to glucose Negative/trace ketones Negative/trace protein
D9	<b>Fetal heart auscultation</b> (listened to after contraction for a period of at least one minute)							110 - 160 beats per minute
D10	Vaginal loss							A show, clear/straw liquor, clear/creamy discharge
D11	Rate of Contractions							>2:10
D12	Palpated strength of contraction							Moderate/strong
D13	Length of contraction							>30 Seconds-



Addressograph:

**ASSESSING ACTIVE LABOUR**

In the presence of regular painful contractions, then a vaginal examination should normally be used for confirmation of active labour within 4 hours of the onset of 1:1 midwifery care, following an explanation of the procedure and verbal consent

Code D14 - Vaginal examination

		Date/time 1st assessment	Date/time 2nd assessment
<b>Cervix:</b>	<b>Position</b>		
	<b>Effacement</b>		
	<b>Application</b>		
	<b>Dilatation</b>		
<b>Presenting part:</b>	<b>Cephalic/breech</b>		
	<b>Relation to ischial spines</b>		
	<b>Descent with contraction</b>		
	<b>Position</b>		
	<b>Caput or moulding</b>		
<b>Membranes:</b>	<b>Present or absent</b>		
<b>Liquor:</b>	<b>Colour</b>		
<b>Cord/limbs:</b>	<b>Felt/not felt</b>		
<b>Auscultation</b>	<b>Fetal heart ausculted post procedure</b>		

Active labour is established when the cervix is more than 3cms dilated and fully effaced in the presence of regular, painful contractions (C).

If not in active labour

labour ward is not the appropriate environment (A). The latent phase is best experienced in the woman's own home (C)

- women may need reassurance that the latent phase of labour is normal
- the antenatal ward is an alternative for those women who do not feel comfortable going home.
- non-pharmacological forms of pain relief should be made available if women should require them.

		Date/time 1st assessment		Date/time 2nd assessment	
Code	Advice	Yes	No	Yes	No
D15	In active labour?				
D16	Continue with pathway?				
D17	Is woman going home?				



